

The Check IN

Volume XXV-2

“. . . *Spiritual Progress Not Spiritual Perfection* . . .”

Spring 2018

Couples Only SAA Meeting Being Planned

A couple, **Jim J.** and **Amy J.**, are exploring the possibility of forming a couples-only SAA meeting.

In the past, there have been several RCA meetings (**R**ecovering **C**ouples **A**nonymous) formed by couples made up of a SAA member and a COSA member. Those meetings were short lived, in part because gay couples were not made to feel welcome. This is something different. The meeting being proposed would be an **SAA** meeting open to any couple, straight or gay, that is seeking to overcome the ravages of sex addiction in their relationship.

If you have an interest in or concerns about such a meeting, please contact Jim J. (317 794-6393) or Amy J. (317 991-2770).

Meeting Changes

The **Fort Wayne Sunday Meeting** has closed.

The **Indianapolis Tuesday Night Chapel Hill Meeting** has suspended operation, pending the meeting's champion getting a new means of transportation.

The **Indianapolis Tuesday Southside A&G Meeting** has converted to an SAA Step Workshop.

The **Fort Wayne Thursday Noon** meeting has closed.

The two remaining active Fort Wayne meetings are:

Tuesday

Fort Wayne

Fort Wayne SAA

Weekly 6:00 p.m. ☉ ♀ ♂

First Presbyterian Church

300 W. Wayne @ Webster 46802

Room 303

More Info: fortwayneinsaa@yahoo.com

Thursday

Fort Wayne

Fort Wayne Men's Meeting

Weekly 7:00 p.m. ☉ ♂

St. Joseph United Methodist Church

6004 Reed Road 46835

Room F21

More Info: Mike C. (260) 710-4828

The **Indianapolis Thursday Life In Recovery Meeting** has closed.

The **Indianapolis Saturday morning, Let It Out Check-In Meeting** has relocated to the East Street Apostolic Church, 1909 S. East Street, Indianapolis, IN 46225.

Saturday

Indianapolis

Let It Out Check-in Meeting

Weekly 9:00 a.m. ☉ ♀ ♂

East Street Apostolic Church

1909 S. East St. 46225

In the Fellowship Room

More Info: Kevin C. (317) 696-1370

Spring Workshop at New Venue



The 23rd Annual IISAA Spring Idea Workshop, ***Progress N OT Perfection***, will be held on Saturday, April 28, at Indy's **North United Methodist Church**.

This is a new site for this event. North UMC is located on the northwest corner of Meridian and 38th Streets. Entrance to the parking lot and the church are one block west on the Illinois Street side of the facility. The event venue is the church basement. The building is handicapped accessible.

The program for the day features a continental breakfast, SAA & COSA meetings, one morning workshop session, lunch, two afternoon workshop sessions and a wrap-up of the day. Each workshop session will include three breakout choices.

Pre-registration is by mail only. You can register at the door, but food cannot be guaranteed. The registration fee is \$20. Financial Aid is available.

Your Intergroup Representative should have registration forms available. If you need more information, have questions, or would like to assist with the workshop, please contact **Jeff W.**, the workshop chair, at **317 341-4012**.

From the Editor

Be a Hero



When I was a child, I remember one of the local newspapers running a front-page picture of a firefighter carrying a woman down a ladder from a burning house to safety. The headline referred to the rescuer as a hero.

Another time, there was a TV news report of a person who saw a car plunge into a retention pond. The eyewitness, without giving any thought to the risk he was taking, dove into the pond; freed the driver; and, pulled her to safety. The Good Samaritan later received a medal for his heroic actions.

Based on those and similar stories, I often fantasized that I, too, could be a hero. The question that I asked myself was, "If the opportunity ever presented itself, would I be willing to do whatever it took to help someone threatened with serious injury or death get to safety?"

Even though the chances of my being in such a situation seemed remote, I always wanted to believe that I would not flinch, if the opportunity arose.

I had not thought much about that fantasy in many years, until I attended this year's Sponsorship Workshop.

During the panel discussion that followed two excellent presentations on the nature of sponsorship and how to implement it, I had an epiphany—*as a sponsor, I am a hero!*

When a still-suffering addict enters one of our meeting rooms

seeking help to save him- or herself from the throws of addiction, I can reach out to the person by throwing him/her the SAA lifeline; or, I can turn my back, leaving that person to struggle on his/her own.

I can assume that someone else will stretch out a helping hand to assist the person. Or, I can put aside my own personal fears and doubts about my ability to be of service and accept that my efforts may make the difference between the addict reaching safety or suffering further harm or death.

Faced with the reality of a life-threatening situation, I want to believe that I would take the risk of offering assistance, without counting the personal cost of my time and effort

In fact, I have done this many times in the SAA program. And, I feel good about myself knowing that when my Higher Power placed me in the position to improve the health, safety and well-being of a still suffering addict, I did not flinch. I stepped forward; offered to share my experience, strength and hope; and, in the process, may have saved a life, thus becoming a hero.

Would you like to be a hero?
Become a sponsor.

Peace

Mike C.



Intergroup Elections

It is time for meeting groups to begin seeking *two* volunteers to serve as their representatives to the Indiana Intergroup of SAA.

Intergroup needs committed members who can meet on the second Saturday of each month and who will devote time to SAA events and projects during their one-year term.

It would be ideal for each group to have a full complement of two active representatives and to have them present at all Intergroup meetings; however, do not let the addictive, all-or-nothing thought process stop you, or your group, from electing at least one representative. Progress toward full and consistent representation is better than doing nothing while waiting on perfection.

Group Reps should be elected by June 30 to take office in July.



The Check  N is the newsletter of the Indiana Intergroup of Sex Addicts Anonymous (IISAA) and is published quarterly.

The Check  N is provided free of charge to SAA members and others upon request.

Material for inclusion in the newsletter, permission to copy all or part of the newsletter, or comments for improving this publication may be addressed to:

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Awake in a Dream

Rob A.

Our behaviors always leave behind consequences. Not always do we get to address all of these when we become sober. Sure, the immediate hurt we caused our families and the betrayal trauma is available for us to deal with, while we are bouncing off of rock bottom into a sequential recovery chain of events. I know for myself this simple structure is more preferred as a path through recovery. Do action A, then B, then C. Work Step 1, then Step 2, Step 3 and so on.

However, consequences do not always follow the sequential pattern preferred by recovering addicts like myself. I pray to my Higher Power for recovery and my Third Step requires me to allow my Higher Power the assigning of the timing of the consequences. Maybe I am not always ready when I feel I am.

I have been sober for a little over two years. I am still trying to repair the devastation this addiction had on my marriage. I have been making baby steps toward that end and growing in my Twelfth Step service. However, my employer uses a forensic computer company to audit company computer use. My name came up last year and they looked way back into my past computer use, when I was in full addiction, and found inappropriate searches and pictures on the company's computer.

When they interviewed me I was completely honest and shared my recovery as well as admitting

to improper computer use. It was pointless to deny, since they showed me what I had looked at. Because of my honesty with them and my current behavior, I got a 30-day discipline layoff instead of termination. However, because we were separated at the time, I did not disclose this interview and possible discipline with my wife last fall.

When the discipline was administered, I first drove to my church; then, I told my wife what was happening. One place I received support and reassurance and the other not so much. I will let you guess which was which.

Then, after all this emotional turmoil and unrest, I had a very significant dream. I have not really had many dreams of significance or some of the night issues other recovering men have shared, so this surprised me.

Have you ever had a dream that was not just realistic, like you're really there; but, one in which you felt conscious during the dream? The best way I can describe it is that I was aware of things. Like the kind of dream where you pinch yourself in the dream to wake up? That is how I felt during this dream.

I was driving my Dodge Ram truck, along with my oldest daughter, from my daughter's elementary school to the high school to pick up my youngest daughter. My oldest is in college and had just done a presentation for the elementary students. As I pulled up in line to pick up my youngest, I realized that this could not be real. I had sold this truck during my first year of recovery. I couldn't possibly be driving it, so something had to be wrong. But it felt so real I didn't think I was dreaming. I pulled out of line

and decided there is only one way to find out if this was real or not and floored it. I drove straight into a brick wall. I didn't die and the setting of that portion of the dream disappeared. For a few seconds, it felt as if I were flying.

I then became grounded and found myself at my job in the Chrysler plant where I work. However, everything was very different. None of the machines I work on were there and it felt like something out of a Willie Wonka movie. Strange colors, strange things, strange people-- nothing seemed to be grounded; everything was constantly moving. I couldn't get my bearings. I would find a building post to hold onto and find reference. From that point I would feel I knew how to get out. But since the posts are 20 feet apart I had to let go of one to travel to the next. As soon as I let go, the entire building shifted and I completely lost all reference and was lost again. This went on and on, even though I knew I was dreaming and wanted so badly to wake up, but I could not. It was very scary and I felt completely detached from reality and didn't know what to do to find my way back.

Just then I got a thought. Why not pray about it and ask God to help me? So, standing in the middle of this chaotic turmoil, I bowed in prayer and asked God to please get me out of this place. As soon as I asked, He did exactly that. Immediately I awoke and knew I was in my bed, at my parents (where I am staying). It was about an hour before I had to be awake and everything was OK.

I awoke with those realizations already present. Most mornings, it takes several moments before a

Awake, from page3

slight bit of consciousness comes to me.

The only way I know to explain this experience is that some other power placed those realizations in my head. I felt them before I felt the covers on me, or opened my eyes to see it was still dark, and before I could listen to hear the early morning stillness.

It was as if He picked me up out of this scary, unhinged reality, granted me clarity and then set me back down into my life again.

I know I still have a lot of work to do; but, after a dream like that, I am grateful to be on solid ground and blessed by my Higher Power.

Is Your Meeting Listing Up-to-Date on the ISO Site?

The ISO of SAA no longer requires meeting groups to register each year. Once a group has registered with the ISO, its information remains the same, unless and until the ISO is notified of any changes.

The down side of this policy is that many groups do not update their listings with the ISO. Then, when someone who is looking for an SAA meeting goes to the ISO website, they get incorrect information.

Given how hard it is to make that initial effort to find an SAA meeting, if the information a person receives is incorrect, the person may not try again.

Please check your group's meeting information at saa-recovery.org and correct it as necessary.

Why Be A G.S.R.?

A GSR, in SAA parlance, is a **Group Service Representative**. Being a GSR presents a way to give back to the fellowship without a big time commitment. However, it also gives both Intergroup and the ISO a way to easily contact each meeting group.

The responsibilities of a GSR are twofold. First, the GSR is a point of contact for the meeting. Many of the meetings in the State of Indiana do not have the correct contact information. The Indiana Intergroup is currently trying to verify the contact information we have for each meeting in the state. For approximately one-third of these meetings, we don't have a way to contact anyone. Each month, we send out information to every meeting, yet for many we cannot, because we have no current contact information.

The second responsibility of a GSR is to attend the meetings of the Indiana Area. Currently, the Area has only one meeting each year. This meeting is scheduled in September on a Saturday afternoon (September 8 in 2018). The GSRs within the Area will elect a representative to the International Conference. The Conference is the governing body of SAA, and meets yearly to vote on matters affecting all SAA members.

Please consider serving as GSR for your meeting group. Forms are available on the ISO website, saa-recovery.org, or you may contact **Jeff W.** at **317-341-4012** with any questions.

Meet Me at the Moose Summer Picnic Nears



The oldest of our special events, our annual IISAA picnic, will be held Saturday, June 23, at the Moose Lodge picnic shelter just east of Shadeland

Avenue on East 16th Street in Indianapolis.

The site offers a huge covered shelter which will allow us to hold the event come rain or shine.

The shelter house provides modern restrooms and a small kitchenette.

The picnic grounds are fenced and provide a lot of open space for Bocce Ball and other activities.

In addition to having plenty of paved parking, the Moose Lodge is also on several *Indy Go* bus lines.

All S-Group members and their adult guests (18 years of age or older) are welcome. We have exclusive use of the fenced picnic shelter for the day. No children will be present.

Admission to the picnic is free. Intergroup will provide hotdogs, hamburgers, brats, tableware, water and soda. You are asked to bring a covered dish that will feed at least six people.

The day will include great food, games and visits with local, state and out-of-state members of the "S" fellowships.

Watch for the official picnic flier at your meeting group(s).

Good Ideas Flow from Sponsorship Workshop

The third annual sponsorship workshop, championed by **Ted D.**, was held on Saturday, February 3 at Second Presbyterian Church in Indianapolis.

A group of 21 members of the SAA fellowship gathered to hear two speakers and a panel discussion about what sponsorship looks like, both from the point of view and the sponsor and that of the sponsee. There was a general consensus that the primary role of a sponsor is to help a sponsee work the 12 Steps. The presentations and resulting discussion revealed that there are a number of paths to that end.

Steve S., from Lafayette, emphasized the basics of what sponsorship is, what it is not and the importance of the one-on-one sponsorship relationship.

Matt T., from the central Indiana area, addressed how individual sponsorship can be enhanced in a workshop setting.

The workshop wrapped up with a panel discussion of questions related to effective sponsorship. The panel was comprised of **Matt T.**, **Steve S.**, **Fred N.**, **Mark R.** and **Ted D.**

The main points that surfaced during the question and answer session were:

1. Sponsorship is first and foremost a relationship.
2. The primary role of a sponsor is to lead the sponsee through the Steps.
3. Each sponsorship relationship is unique and so there is no one right way to complete the process.
4. There is considerable experience, strength and hope available concerning sponsorship.

(See Matt T's website at www.indyrecovery.com for a treasure trove of materials.)

5. Every SAA member who has six months or more time in program should consider being a sponsor.
6. For the addict who still suffers, even having a poor sponsor is better than having no sponsor at all.

... the primary role of a sponsor is to help a sponsee work the 12 Steps

Intergroup encourages workshops like this to help members of our fellowship to improve their chances for success in working a strong 12-Step recovery program. If you were unable to attend this event, watch for upcoming programs that might help you to enhance your recovery.



*I'm a human,
I make mistakes,
I've been hurt,
I learn,
I fall,
I rise,
I'm alive.
I AM WHAT I AM.
Perfect or Otherwise,
I'm thankful for this life.*

A Change A Cure

Twelve Step programs, including SAA, do not **cure** addictions. The adage, "*once an addict, always an addict*" asserts that reality.

Bill W., a founder of AA, wrote, "*Physicians who are familiar with alcoholism agree there is no such thing as making a normal drinker out of an alcoholic. Science may one day accomplish this, but it hasn't done so yet*".

There is now pretty general agreement that the mechanism of addiction involves a particular, less than optimal way, of our body's processing of endorphins, dopamine, and other "happy-hormones".

There are prescription medications that have been proven to be effective in lowering libido; some of these are so potent that they are considered "chemical castration".

While such meds may help an addict to better control his or her cravings, they do not eliminate obsessive sexual thoughts or the compulsion to act on them.

If pills do not provide a **cure** for our addiction, how is it that the SAA 12-Step program claims to help improve a sex addict's life?

Our program helps us to **change** our behaviors by:

- admitting that we are sick;
- conceding that we cannot resolve our own insanity;
- accepting that a Higher Power can;
- determining who our addiction has harmed;
- making amends, wherever possible; and,
- having a spiritual transformation so that we can **change** how we respond when we are triggered.

Rookie of the Year

Rookie

As I approach one year of recovery, I know I have only scratched the surface. I am a rookie in every sense of the word. I actually recruited myself; before I entered recovery—nobody knew I suffered with this addiction. I had no kids, no marriage, no significant other to make me feel guilty, but I did have over ten years of shame stuffed inside of me.

My memories can be described as flashbacks, going from novel enthusiasm (first meetings, first Step) of this new phase in my life to a series of painful steps towards recovery: first relapse, second relapse, no sense of what abstinence and boundaries meant, and enough self-pity to fill an Olympic-sized swimming pool. To make matters worse, I perceived everyone was against me in this program; I trusted no one. When I made it to a meeting, the last thing I wanted to hear was someone telling me to “keep coming back...”

I *did* keep coming back, and still do—quit reminding me!

Patrick Carnes’ *Don’t Call it Love* was published in 1991 but as I read it, nothing seemed outdated. I saw how all of his findings summed up my life in a nutshell; its relevancy is jarring.

Carnes pulls out testimonies from hundreds of other addicts to make a clear point: the struggle is real, thousands go through it, and by some methodical approach, the struggle can be quantified. In fact, if an addict sticks around, they may start relapsing after their first six months. Most pressing for recovering addicts is the ability to make it through their

first year. And that first year isn’t pretty.

This was/is news for me. For most of my life, I thought my addiction was some illusive force that couldn’t be explained or even recognized. Who could possibly pinpoint where all of this pain and confusion came from? Surely no sane person. Most days I felt inhuman. Some days I honestly thought people saw me as a disease. I felt unlovable. But these are the thoughts of hundreds and hundreds of other addicts, and slowly but surely, those thoughts and their formidable doom eased up, as Carnes discovered in his studies.

In Chapter Six: “The Tasks of the First Year,” Carnes sums up the recovering addict’s perspective during the initial phase, which isn’t pretty:

“There was no measureable improvement, and yet most addicts reported that life was definitely better ... In fact, according to our assessments, some things got worse . . . The first year seems to be characterized by extreme turmoil, which really tests the recovering person’s resolve to change...”

What kind of hope is that? I initially thought. Is this for real? I want to be healthy *now*. *Right now*. As a rookie, healthy sexuality seems impossible still. Is life definitely better? My addict wants to say *no*, but it is. Some days are better than others, but many involve me praying and acting “as-if” I will change.

The good news? The proof of what two-to-three years looks like when rookies stick around:

“We were able to measure dramatic improvements in career status, financial stability,

friendships, ability to cope with stress, spirituality, and self-image.”

This hope isn’t just some lofty ideal; it is, in fact, real-life, *attainable* recovery. People achieve their dreams. It’s where science meets the spirit. BOOM.

The SLAA BIG BOOK has the most poignant advice on what withdrawal looks like. The text reminds me that, “You need to be a whole person. You need to meet yourself. Behind the terror of what you fear, withdrawal contains the seeds for your own personal wholeness.”

Bittersweet, right? What does my own personal wholeness look like? I don’t know, but I know I *want* to be whole. I want to at least *try*. It’s the wholeness of other recovering addicts that fills me with hope. To think my illness can be transformed is nothing short of believing in a miracle. But even miracles have roots in facts. If I am to believe that God will deliver me to sanity, then He has to have a method. It’s no mistake that “The Promises” say they *will always materialize if we work for them*. It doesn’t say they “might” materialize or they are going to materialize like some alien spaceship from outer space and brainwash us. They are *real*.

When I am in doubt, I find myself flipping to the back of the SAA BIG BOOK (any recovery program’s book, actually). I see these personal stories like Pulitzer Prize-winning literature. *Look at him!* I think. *Look at her. Look at where they started and where they are now.* I identify with those who were once rookies, once lost and terrified, but somehow managed to trust in

Mental Coasting

~~Wait for it.~~

Work for it.

Over the holidays I attended my usual Sunday church service and the message that week was a topic that struck me as extremely relevant to my recovery.

Although the message was in no way about addiction or recovery from addiction, it was clear to me that the message went much deeper in my soul.

The message focused on examining why people who normally do not attend weekly church services seem to find time to attend at Christmas, somehow feeling that attending Christmas service “checks the box” for their spiritual needs for the year. Let’s think about this from a different prospective. What happens if you never clean your house or never mow your grass? What happens to your house? It becomes quite a mess doesn’t it?

It is a universal truth that, unless you propel something in the direction that you want it to go, it will drift in a direction of its own and eventually fall apart. Things get messy. The same can be said for all of us. If we just drift through life, things are probably going to get messy for us.

I’d like to introduce you to an idea called “Mental Coasting” as it relates to our spiritual lives and to our recovery. In our spiritual lives, we find ourselves drifting away from our higher power and our recovery, we find ourselves looking for reasons to skip meetings, avoid volunteer work and stop following our daily recovery plans. If you think about it, coasting requires little to no effort, no energy. In this world what happens “naturally”,

is that if you don’t put any effort in, you get no momentum out.

To counteract Mental Coasting, we must interject effort and that effort needs to be intentional. Without intentional effort, we coast and won’t be seeking our higher power and certainly won’t be working the program.

Mental Coasting will NEVER lead you upward; in fact, it won’t lead you in the direction or to the place you are trying to go.

Imagine your-self riding a bike. As you near the crest of the hill, you stop peddling. You then begin to roll backward down the hill. At first, you roll slowly. What happens as you continue to coast down the hill? You gain speed and the further down the hill you roll, the faster you go. Isn’t that what is happening when we start to find ourselves Mentally Coasting through recovery.



When Mentally Coasting, the longer you go in the wrong direction, the faster you go. Therefore, we must be diligent to resist this Mental Coasting every day. If we don’t resist, we are destined to pick up speed in the wrong direction and with the increasing speed it becomes harder and harder to stop and turn around.

Mental Coasting is also dangerous to others. A ship adrift in the ocean will eventually run out of food, water and other supplies leaving those onboard to

die. And, the out-of-control ship will not be able to avoid colliding with anything that crosses its path, which could lead to damage, destruction and/or the serious injury or even death of innocent victims.

If we find ourselves adrift in our recovery, we are bound to hurt others around us, just as we did before we started into recovery. Ultimately, we will also hurt ourselves.

Here are some warning signs that may indicate you are Mentally Drifting in recovery:

- Diminished desire to work your daily recovery plan
- Diminished desire to attend weekly meetings
- Diminished desire to share your experience, strength and hope with others in recovery
- Increasing desire to isolate
- Increasing desire to seek items or actions that lead to acting out.

There’s a story I heard once that I would like to share with you:

During the Revolutionary War, a man riding on horseback in civilian clothes came upon a group of soldiers who were trying to rebuild a defensive line that had been torn down.

One of the soldiers was standing to the side giving directions and instructions about the work the other soldiers were doing and being very harsh about it.

The man on horseback dismounted and went to the man who was giving orders and asked, “Why aren’t you helping? The man replied “How dare you. I am a Corporal and I’m telling them what to do.”

The Objective

 The Obstacle

What is the objective of recovery? It is to live a healthy life. For sex addicts that means striving for a healthy sexuality.

One of the earliest activities that most SAA sponsors have sponsored complete is to develop a *Three Circles* diagram. This exercise enables an addict to clearly define, for him- or herself exactly what “acting out” means for that person.

Interestingly, most addicts then turn their attention to avoiding *Inner Circle*, acting-out behaviors, rather than vigorously striving to live in their *Outer-Circle*.

Resisting temptation often leads to frustration, anger, guilt, shame and a sense of failure.

Acceptance of what is healthy, affirming, and authentic in ourselves enlivens us to seek those qualities and gives us a reason to avoid acting-out.

Just trying to deprive ourselves of what our addict seeks will only make the obstacles to our sobriety more attractive.

Focusing on achieving what is good, healthy and spiritually fulfilling will support us in achieving our objective of being sexually healthy beings.

*Accept whatever comes up today.
 Resistance leads to frustration
 and an inability to move
 forward.*

*Acceptance opens the mind to
 new possibilities and revives the
 spirit.* *Will Bowen*

2018 – 2019
 Special Events Theme
 to be

Principles of Recovery

As Intergroup begins a new program-of-work year on July 1, we will focus on the basics of recovery following the theme *Principles of Recovery*.

It is often said that, “*Ours is a simple program*”; and, that is a true statement. There may be as many ways of working a 12-Step program as there are members of a given fellowship; but, the basics are the same.

The ABC’s of recovery might be thought of as:

A dmit we have problem.

B e willing to accept the help of a higher power.

C ome clean and make amends.

S tay in touch with the Higher Power while working a strong recovery program.

If we emphasize the basics, we may be able to simplify the process of recovery.

We will explore this topic at our fall retreat, our spring workshop and in articles in *The Check-IN* throughout the coming year.

RECOVERY

R ealizing that you’re worth it.

E xperiencing true happiness.

C aring for yourself.

O vercoming your own demons.

V alidating your worth.

E njoying your journey.

R eceiving serenity.

Y earning to serve others.

Rookie, from page 6

their Higher Power, nurture and love themselves, and see “The Promises” come to fruition. I thank those of you who helped this rookie through his first year. Your support means the world.

Coasting, from page 7

The man who had ridden up turned away from the Corporal and joined in to help the other soldiers rebuild the line. After they had finished, the man brushed his hands off and got back on his horse and turned to the Corporal and said “The next time you need help rebuilding a defensive line, feel free to call on me, your Commander-in-Chief”.

That man was George Washington.

Don’t stand on the sidelines; don’t let yourself start to coast; don’t forget why you are a part of this fellowship. Put effort into good works; put effort into helping your fellow addicts; and, put effort into *your* recovery. Remember, it only works, if you work it!

2018 Calendar

April

14 IISAA Meeting, 4 p.m.

28 Spring Workshop,
Progress NOT Perfection

May

12 IISAA Meeting, 4 p.m.

25–28 SAA Convention, San Francisco

June

9 IISAA Meeting, 4 p.m.

23 Picnic

30 Check **IN** Deadline

July

14 IISAA Meeting, 4 p.m.